# The Health Equation London Membership







The Health Equation
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# The Health Equation, London, Membership



Mr. Gerry Gajadharsingh DO
Osteopath, Diagnostic Consultant-Complementary Medicine
Advanced Breath Practitioner and UK Lecturer for Lifelogix Inc
Metabolic Balance ® Nutritional Coach and UK Lecturer for MB UK

Our core values are Caring, Partnership and Excellence; our aim is that these values underpin all that we do at The Health Equation.

### Annual Membership of The Health Equation, London, entitles you to receive:

- Two standard consultations with Gerry.
- £50 off each subsequent standard consultation with Gerry.
- Two virtual/email 15-minute consultations for urgent clinical problems.
- Urgent clinical problems that need an in-person consultation, appointments within the next 2 working days that Gerry is available.
- 10% off our Private Health Screen.
- 10% off our Nutritional programmes.
- 10% of all of our blood profiles provided by The Doctors Laboratory.
- Complimentary access to Gerry's iBook The Health Equation- A Way of Life.

### Cost of annual membership: £500

"Gerry embodies what science tells us about the very best clinicians...he is professional, he is empathetic, he is patient, he is experienced, he is knowledgeable and up to date, he is conscientious and persistent, he takes your input seriously and works with you...he is forthright and honest.

He holds my highest recommendation for the very best practice that you can completely trust and know you have seen the very best."

Dr. Robert Kissner PhD

# The Health Equation London Membership

Membership is offered to current patients of The Health Equation.

The annual membership is valid from the date of payment for one calendar year.

The membership fee is non-refundable and the benefits of membership are non-transferable to another patient.

Once purchased you will be sent a confirmation letter setting out the benefits and terms and conditions and the date of expiry of your membership.

Membership can be renewed annually by invitation.

Please call us on +44 (0) 20 7631 1414 or email info@thehealthequation.co.uk for further information.

# Diagnostics

# Diagnostics

Doctors of Conventional Medicine, GP's and Medical Specialists, tend to focus on the recognition or absence of pathology – the actual disease processes. Luckily for many of us, we do not often have serious pathology, however there is usually a cause for our symptoms. Gerry has over 36 years of clinical experience. His job is to make sure there is no obvious pathology, where medical referral may be more appropriate and then to explore the functional components that may be contributing to the patient's particular problem.

Many of Gerry's new patients are referred by private GPs and medical consultants and usually have complex problems. Patients are offered a Diagnostic Consultation which tends to last for 60 minutes, during which a full case history and appropriate clinical examination will be carried out. During the consultation, Gerry will often use capnometry to assess breathing behaviour and heart rate variability (HRV) monitoring to assess autonomic nervous system function. Autonomic dysregulation plays a part in many complex problems. Depending on clinical needs, he may suggest blood tests and/or Imaging, which are charged separately to the Diagnostic Consultation fee.

We offer a full spectrum of diagnostic and screening blood tests by The Doctors Laboratory (TDL) the premier private pathology lab in the UK. Blood samples (venesection/phlebotomy) are usually taken during a consultation with Gerry at no additional charge. Patients can also attend patient reception at TDL Wimpole Street, London W1 for venesection for fasting examples or for difficult venesection, TDL now make an additional charge of this at £50 (excluding the cost of the blood test). For all Members who have blood tests arranged through us we also provide, as part of your membership, a comprehensive Functional Blood Analysis report for our comprehensive profiles, EQ1, EQ2 and 1 MBR blood tests.

For further information on the range of diagnostic tests and the Functional Blood Analysis report that we offer go to:

https://www.thehealthequation.co.uk/private-health-clinic-diagnostic-tests/

# Treatment

## Treatment offered at The Health Equation

- Osteopathic Manual Treatment (OMT)
- Breathing Re-Education/ Stress Management Techniques
- Nutrition/Metabolic Balance/Nutritional Supplementation
- Exercise/Rehabilitation
- Referral to appropriate specialists

### For further information, go to:

https://www.thehealthequation.co.uk/consultation-treatment-fees/

https://www.thehealtheguation.co.uk/diagnostic-consultations/

https://www.thehealthequation.co.uk/osteopathy-in-marlborough-wiltshire-london/

https://www.thehealthequation.co.uk/private-health-screen/

https://www.thehealthequation.co.uk/breathing-therapy-and-techniques/

https://www.thehealthequation.co.uk/metabolic-balance-nutritional-programmes/

https://www.thehealtheguation.co.uk/managing-cognitive-decline/

For many years Gerry has posted a variety of health-related blogs on our website. If you wish to keep up to date with current health information and research and Gerry's interpretation of it, please go to:

https://www.thehealthequation.co.uk/the-health-equation-blog/

If you wish to keep up to date with Gerry's regular blogs, you can follow us on:



@\_healthequation



https://www.linkedin.com/in/gerrygajadharsingh/